**Foetus in the Womb Teaching Meditation**

Since the dawn of our first birth of all our eternal births we have summoned that force within to give us manifestation. We ve called forth our greatest interconnectivity to all that is was and will be as the divine foetus, and combined our will and fortitude to take that sacred journey from the void, from the nurturing womb through the forced amnesia of the birth canal into the world of shape and form where our spirit becomes body and can sing the song of earth.

From the very depth of our being now, our innermost self , we sit in the blissful silence of this now moment, we can reconnect, we can call upon that inner most cosmic expression once again. That point in space time where we were cradled in our mothers pelvic bowl as our own fetus in our mothers womb.This is not a place of unknowingness for us. Here is where the completeness of ourselves exists, in our full attunement to all past present and future selves

Take yourself there now , to rediscover that zero point, by focusing your attention to yourself as that foetus, at that epicentre of your dreamworld, your very own dream stream. Here we are bathed in our mothers amniotic fluid, those waters which were our very own oceans of awareness and seas of consciousness.

Can you expand your aura now, in this present moment and open yourself to these frequencies so you can have greater cognisance of the seen and unseen? Taking in the essence of all that ever was and will be? Take yourself there. Surround yourself with those waters. See yourself. A divine bundle of creative spirit.

Within this tiny curled ball beats your heart. The very first part of you that formed. This is your celestial inheritance. Feel it within your own body now, still drumming your own heart beat. This heart has been with you always.

Bring your awareness to your heart of the now, and overlay it in your vision of your foetus heart. It’s still the same heart . We re reassembling our infinite energies on the beginnings of a journey to the finite and back to infinity again.

Say out loud “ I revoke all times i was afraid of living in my heart and terrified of being alone. I revoke all lifetimes where I was deserted, abandoned, left and ignored. For

I found the internal fortitude to be born. That will to live. I revoke the imprinting of fraud time, that i am finite”

Now recognise that you hold the frequency of love in your heart, and return yourself to that place now, and feel the warmth comfort and reassurance of that place. The place that holds the greatest connection to your source, to the divine.

Reognise your pericardium holds your heart and your fetus heart . It’s what protects your heart from damage in time . It stores our oldest and most programmable waters .And the waters of your mothers womb holds you as the fetus. You can speak to these waters words of wisdom and beauty . Say “I love myself enough to show up for myself to benefit my souls level by this acknowledgment of my most ancient waters”

Love yourself enough to manifest your sovereignty from this fetus heart. Knowing that your heart is your place of resource and love. When you sit in the seat of your heart as your I am presence you are strong and in full control of your body, your dna skinsuit of experience as you walk this Earth. Say out loud “ I have freewilled choice where I place myself and I choose now to operate from my heart.”

“I am an aware authentic being able to process my own souls journey through my heart and I do not require anyones permission, approval, direction to be in my heart for it is my sovereign choice at all times.

No other being can touch me when I’m in my heart space or instil fear in me

for it is where I create my own Sacred frequency of life force .”

As a foetus we have the infinite set of memories and potentials in the blueprint we have created . From this place of foetus connectivity we can make a choice to audit all of our belief systems from the moment of inception. We can create a permanent spiritual court of equity and go through the deep ancestral process of auditing what are our memories and what are the memories of others. What are the belief systems that are impressed upon us by our parents and any of our family lineage or technology that is manipulating or manifesting our reality. We can affirm we only source memories in earth time as this I AM presence.

By returning to the foetus now we can also create spiritual courts of equity to help us with hijacked energy exchanges

Say out loud “ to all all those who have targeted me as watchers and predictors of my future potentials as the blueprint of the foetus in the womb, in this time stream and matrix, i put you now on permanent spiritual notice. If your energy violates my I am presence in this matrix or any other matrix network you will be placed in a spiritual court of equity outside of this Universe so you may find remedy and resolve without using and abusing my signature frequency for perverted forms of justice . I imprint these words now into the very waters surrounding my foetus, so all watchers and predictors are now put on notice. I am in complete and total sovereignty of this I AM presence now in my heart. I am the fullness of who I am. I make myself impervious to your systems of domination and control .”

Look again at yourself as the fetus, waiting for the force within to take full flight. Peel away the layers of conditioning and programming you’ve taken on this and other lifetimes to see the beauty and exquisiteness of a place from where all was held in potential for you, and by your focus now, still is. Where your plan , your blueprint, was waiting for its opportunity to come into full blossom . So much peace resides in this sacred space that transcends all time . All your potential dreams before you relinquished to a power you thought greater than yourself, and you accepted the rules of Roman numeral time.

Focus on your tongue. It was the second organ to be formed. So as the foetus raise your heart voice, your mind, heart, tongue connection to the great Sky Nations and to the great beyond. Lift your head, not in pride but in full diviine presence. Let the ancientness of your call reverberate through all time space and no time, through all voids and timelines calling out to each and every part and piece of you, each and every forgotten self lost in the other variations of time and no time, where the rug of natural earth time was pulled out from under your ancient future feet. Call all of you home now so that this vibrant non-broken multidimensional powerbase of photonic radiant light has access to the fullness of yourself. All lost and hidden yous now reunited from behind all veils of misconceptions of time. This ancient being that is you as the now being and you as the foetus calls them all home now to this being of the now claiming your rights as a natural being born to earth mother. Call them to share your sacred fire with all Peacemaker and Peacekeeper versions of yourself and to share with you your forgotten stories so you may fill in the gaps created by race amnesia and misuse of time and learn your true heritage.

Following your tongue came your spinal column and with this a little slice of brain appeared on the heart , and the brain and heart separated as spinal column grew until you’re fully formed

The button is the little slice of original brain on the surface of the heart adjacent to the thymus and acts as a mechanism for healing

The thymus or high heart and its only purpose is when you are going thru teenage growth years it has an intense chemical release so the fullness of the rest of your I am spiritual processes come in, then the thymus begins to shrink and become part of your lymph process of moving fluids between the brain the neck and the heart, so it’s a channel . You can incorporate the thymus going back to teenage years by focusing on your thymus and saying “ I go back to the time of my growth spurts and demand the return of the rest of my growth energy”

Go now go to the very edge of where your meridians exist, to your fingernails and toenails of this little fetus that is you. As an I am being now bring intense focus to them. This focus creates a pulsing action over a period of the time where the nails are growing in the cuticle. And Toenail and fingernails represent a frequency of growth time , so in this heart fetus based meditation now bring all your liquid life process to the tips of your fingers and deposit large volumes of heart based awareness to the fingertips and toes so heart energy is a much greater aspect of your meridians and central nervous system

This process expands the I am heart so it is felt on the very edges of your existence. Send love to your fingernails and toes in that fetus imagery.

It’s from this sacred place, deep within our fetus heart connection that we now connect to our seven past generations, those in the aurora borealis. The north is the home of our ancestors. As your I AM now find your astral city . The colours will call you. It will be the colours of your soul family. Here you can plan the types of soul family you want to work with before going to the South Pole

In awareness or unawareness we re all interacting with this life force of the aurora borealis through our Schumann resonance with the magnetic effects of the coronal injections and solar winds that create this electromagnetic frequency. Re imprint now in your fetus dna skinsuit that reconnection as you bathe in the swirling solar winds and marvel at the flowing streams of colours, the greens, pinks and violets, and many other colours , those dream streams of earths dreaming mind. Sit by the fires of creation with your elders and say to your fetus in the womb blueprint “ I open myself to the natural flow of my ancestors wisdom and experiences and transmute negative ancestral patterns . I do not have to inherit the disasters , mistakes or debts of my ancestors from another reality”

The aurora borealis affects our sexuality sensuality and copulation. Anything thats a part of our daily background energy resource. Ask your seven past generations to bring those areas into balance for you for the potential is there for these energies to be in your sexual centres leading to a kundalini awakening.

Say now to the system of domination and control : “i delete and reject all the algorithmic shifts in the electromagnetic energy that you have perverted, misused, and polluted out of its natural form of earth mothers natural life force energy. I reject all the perverted energy flows that affects the natural energy flows of my chakras”

Tell your foetus how it begins with our own heart self, and how we hold that mantle of responsibility to pass the great teachings on to our children and grandchildren. How we stand lovingly on the shoulders of our ancestors. Tell your story to your fetus. Tell the stories of the great whale nation who sing their songs to soothe earth waters and connect to our hearts. To honour our ancestors, be it the trees of the Standing Nation and the Sky Nation and the Seven directions, or our dna and soul family lineage or those of the very land we live on. For all are our ancestors.

Ask the ancestors to help you expand your vision, reclaim your inner timeless being, craft your souls purpose, embody the life you planned to live eons ago. Forging an alignment with source. To Align you to your True North to Bring You back home to You.Reach out with prayers of gratitude in this direction for all of Great Mystery and Great Spirits beautiful gifts

Can you now, as you connect to the North Pole aurora borealis feel how much inner wisdom has been absorbed and integrated, how its fluidity is pulled through time and no time like a thread that weaves the very fabric of your being.

In the South Pole , Aurora Australis, we re now connecting with cradle board of the seven future generations. Those on the positive timeline and expression, as a way to bring a density of light manifestation to that I am who is going to pass on the torch of I am to the next I am the next foetus. You’re here to shape your legacy. Here are a different set of astral cities from the North Pole. Be in your own centre and recognise the inherent value in this meditation to connect to your fetus for here our memories in light are all accessible to us and here is where we carry our infinite blueprint of potentialities. Our life force vibrant with creation and potential of expression of our original source spark. Here in Blue Road time we call in the creative force to come into the fetus frequency, signalling to earth mother we want to enter the earth incarnation grid. Allow those streams to run through you once again and consider your future generations for we are ancestors of ourselves through dna and soul lineage

Ask yourself what you want to leave as a legacy to the future generations of yourself. What skill sets can you craft and hone now that will add to the greater being that is you. What programmes can you outcreate now so that your future selves wont have to wade through the dross and baggage of unhealed traumas you neglected this lifetime. Here is where you can empower your future by sacredly infusing into your future incarnations your I AM presence now and imprinting protection, cocreation and unconditional love for the seven future generations. Doing your great work in the now so future yous can live to their fullness of expression.

You are a Sacred Celestial Divine Feminine and masculine on your eternal journey to the stars.”

Claim your legacy as a Galactic and Universal Citizen, outcreatng the systems of oppression and regression and servitude without end

Here in this fetus meditation we claim our birthright that is this journey that we planned from our first eternal birth as a source spark, to do our Great Work in equal cocreation non competition non hierarchal order with earth mother.

Life time after life time we ve gained wisdom and knowingness, memories carried in our dna, carried in our very blood, and in this eternal moment of now engage your multidimensional hindsight and foresight to bring forth all the learning and wisdom from all past present and future selves and declare yourself a hub of interconnectivity between all that is was and will be.

The ancestors are us and our offspring of this lifetime and other lifetimes who are tuning in in non competition equal cocreation to add to the greater frequency of humanities awaking, humanities transcending, and humanities understanding.

Use this meditation to awake fully and purposely to your sovereignty at the foetus level and choose and claim the scale and size at which you do your great work, so you may dream the great dream of peace.

Aho

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